

REFERRAL RESOURCE GUIDE

New Mexico/Albuquerque

IN AN EMERGENCY OR CRISIS – **911** –

Non-Emergency- 242-COPS (2677)

APS Police- 243-7712



New Mexico Crisis and Access Line

1-855-NM CRISIS (662-7474)
www.nmcrisisline.com
24/7/365

National Suicide Prevention Lifeline

1-800-273-TALK (8255)
Press 1 for Veterans, 2 for Spanish
24/7/365

New Mexico Peer-to-Peer Warmline

1-855-4NM-7100 (466-7100)
www.nmcrisisline.com
3:30pm-11:30pm MST

National Domestic Violence Hotline

1-800-799-SAFE (7233)
www.thehotline.org

Spanish-Language Suicide Hotline

1-800-784-2432 24 horas del día

AGORA (24-hour LOCAL crisis)

1-505-277-3013 or 1-866-HELP-1-NM

Albuquerque Family Advocacy Center- (505)243-2333, 625 Silver Ave SW, Albuquerque, NM 87102

ASAP- UNM Alcohol/Substance Abuse- (505)994-7999,
<http://hospitals.unm.edu/bh/asap/overview.shtml>

NM Poison & Drug Info. Center (Poison Control)- 1(800)222-1222,
<http://nmpoisoncenter.unm.edu>

Albuquerque Police Department Crisis Intervention Team/Crisis Outreach and Support Team (CIT/COAST) - (505)924-6000, <http://www.cabq.gov/police/programs/crisis-intervention>

NM Coalition Against Domestic Violence- (505)246-9240, <http://www.nmcadv.org>

Nurse Advice NM- (877)725-2552 (English & Spanish), www.nurseadvice.org

Presbyterian Kaseman Hospital- (505)291-2000, <https://kaseman-hospital.phs.org/Pages/default.aspx>

Rape Crisis Center- (505)266-7711, www.rapecrisiscnm.org

Self-Injury Hotline 1-800-366-8288

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)
1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)
www.rainn.org

Children, Youth, & Families Department Hotlines

1-855-533-SAFE (7233) (Report abuse, neglect, or exploitation)
#SAFE (#7233) from your cell phone

Albuquerque Family Advocacy Center / S.A.N.E.

243-2333
625 Silver Ave SW, Albuquerque, NM 87102



TREATMENT RESOURCES

Substance Abuse Treatment/Help

Substance Abuse Helpline- If you or someone you love is struggling with substance abuse issues: (505) 277-4505 or 1-855-505-4505. A Substance Abuse Specialist is available from 5:00pm-9:00pm Mon-Fri. This line is sponsored by the City of Albuquerque and Agora Crisis Center.

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

A New Awakening, Inc.- (505)224-9124, 600 First Street NW, Suite 200, Albuquerque, New Mexico 87102. Teen Drug screening/testing/in-home family consultation. www.anewawakening.com

Albuquerque Indian Health Center – (505)248-4065, 801 Vassar Dr NE, Albuquerque, NM 87106. Houses the Youth Regional Treatment Centers to address issues of substance abuse and co-occurring disorders among American Indian/Alaska Native youth. <http://www.ihs.gov/albuquerque>

AMCI (Albuquerque Metropolitan Central Intake) - (505)272-9033, 3121 Amherst NE, Suite B, Albuquerque, NM 87107. Free substance abuse assessments and referrals. Provide payment vouchers for substance abuse treatment. amci.unm.edu

ASAP (Addiction and Substance Abuse Program - UNM) - (505)994-7999, 2600 Yale SE, Albuquerque, NM 87106. Program includes group and individual counseling for substance abuse recovery. <http://hospitals.unm.edu/bh/asap/overview.shtml>

CFAR (Center for Family and Adolescent Research) - (505)842-8932, 707 Broadway NE, Suite 402, Albuquerque, NM 87102. Free bilingual counseling and treatment for families with youth at risk of alcohol and drug problems. Grant program with eligibility requirements. Ineligible clients are referred to another provider. <http://projects.ori.org/cfarabq>

Desert Hills - (505)836-7330, 5310 Sequoia Rd, Albuquerque, NM 87120. Assessment, outpatient and inpatient treatment (Spanish and English). Insurance and Medicaid accepted. <http://www.deserthills-nm.com>

Family Workshop Counseling Center – (505)880-0100, 7027 Montgomery NE, suite F, Albuquerque, New Mexico 87109 or (505)994-0161, 2218 Southern Blvd #14, Rio Rancho, New Mexico 87125. Numerous therapists available. <http://www.familyworkshopcounseling.com>

First Nations Community Healthcare - (505)262-2481, 5608 Zuni Rd SE, Albuquerque, NM 87108. Free SE Free substance abuse prevention/intervention, healthcare, and counseling for Native Americans. <http://fnch.org>

Four Winds Health Center – (505)702-8547, 4100 Barbara Loop, Rio Rancho, NM, 87124, Services: 30-45day detox and transition for youth 12-18. IOP for ages 12-18. Focus on Native American and Alaskan Native communities. <https://www.fourwindshealthcenter.org>

Mesilla Valley Hospital - (800)877-3500, (575)382-3500, 3751 Del Rey Blvd, Las Cruces, NM 88012. Inpatient treatment/detox. <http://mesillavalleyhospital.com>

New Mexico Solutions- (505)268-0701 707 Broadway NE, Ste 500, Albuquerque, NM 87102. Individual, family, substance abuse counseling. Drug screening. Insurance and Medicaid accepted. <http://www.newmexicosolutions.com/>

Outcomes, Inc. - (505)243-2551, 1503 University Blvd. NE, Albuquerque, NM 87102. Outpatient counseling for individuals, families, couples, and substance abuse recovery. www.outcomesnm.org

Open Skies Healthcare – (505)345-8471, 707 Broadway Blvd NE #300, Albuquerque, NM 87102. Outpatient adolescent substance abuse program, individual, family counseling, community support services, Medicaid and private insurance accepted. <http://openskieshealthcare.org/>

Southwest Family Guidance Center and Institute – (505)830-1871 Multiple locations (Albuquerque, Corrales, Santa Fe, Las Cruces). Intensive outpatient substance abuse counseling. (English and Spanish) Insurance and Medicaid accepted. <http://www.swfamily.com>

Streetwise Inc. for Adolescent IOP- (505)323-3785, 2925 Carlisle Blvd NE, Albuquerque, NM 87110. streetnm.org

Turquoise Lodge - (505)841-8978, 5901 Zuni Rd SE, Albuquerque, NM 87108. Drug abuse treatment center and hospital with detox. Provides separate chemical dependency treatment for adolescents and adults. Sliding scale for payment take insurance. 30-day program. <http://nmhealth.org/about/ofm/lctf/tlh/locations/>

Youth & Family Counseling (Second Judicial District) – (505)841-7374, 5100 2nd St NW, Albuquerque, NM 87107. Substance abuse counseling, etc.

Youth Development, Inc. NM – (505)831-6038, 6301 Central NW, Albuquerque, NM 87105. Intensive outpatient counseling and community programs. www.ydinm.org
Brochure: http://www.ydinm.org/docs/divisions/PIT_Brochure.pdf



Mental Health Treatment

Eating Disorders Help Line 1-800-931-2237, Hours are 9:30am-5:30 p.m. MST.

Trained staff members answer questions about eating disorders, offer support for addressing food and body image issues, and provide treatment and counseling referrals.

Referrals to Eating Disorder Specialists 1-800-736-3739

Children and Adults with Attention Deficit/ Hyperactivity Disorder 1-800-233-4050

This hotline provides information on support groups and other advocacy resources for children and adults with ADHD.

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Alliance on Mental Illness-NM (NAMI) – NAMI NM:www.nm.nami.org (505) 260-0154

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

This hotline provides information and treatment referrals for those who engage in deliberate, repeated self-injurious behavior.

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357)

Emergency Housing Services

Amistad Crisis Shelter – (505)877-0371, 1706 Centro Familiar SW, Albuquerque, NM 87105.

Short-term (14-30 days) residential service program for youth (12-17 years old). Open all day, every day. <http://www.ydinm.org/index.php/prevention-intervention-a-treatment/item/100-amistad-crisis-shelter>

Joy Junction – 1(800)924-0569 or (505)877-6967, 4500 2nd Street SW, Albuquerque, NM 87125. Men, women, transgender, and families. Up to 300 beds. <http://www.joyjunction.org>

New Day Safe Home – (505)938-1060, 2820 Ridgecrest SE, Albuquerque, NM 87108. Emergency crisis shelter for youth 11-17, 16 beds; 8 girls 8 boys, and transgender.

If you're in trouble or need help, text SAFE and your current location(address/city/state) to 69866 TXT 4 HELP. We'll text you back the address of the nearest Safe Place site and contact number for the local youth shelter. Within that same message you'll receive a prompt that says, "reply with 2CHAT for more help." Once you reply with 2CHAT, you'll be connected with a professional for more help.

Covenant House Nineline 1-800-999-9999 Immediate help in crisis situations, including Operation Home Free which provides transportation home for runaways.

Girls & Boys Town National Hotline 1-800-448-3000

A crisis, resource, and referral line. Call for advice on ANY issue, 24-hours a day, seven days a week. www.girlsandboystown.org

National Runaway Switchboard 1-800-786-2929

Call if you are a teenager who is thinking of running away from home, if you have a friend who has run and is looking for help, or if you are a runaway ready to go home through the Home Free program. This is a 24-hour crisis line that has experienced team members who are ready to help now. It's anonymous, confidential and free.

Healthcare

APS Medicaid School Based Services - City Centre, 380W: Christina Almanza, 855-9820, cristina.almanza@aps.edu (bilingual) or Brian Bolding, 855-5261, brian.bolding@aps.edu

Health Insurance Marketplace – Assists individuals and families in obtaining health insurance. 1(800)318-2596, <https://www.healthcare.gov>

Healthcare for the Homeless – (505)766-5197, 1217 1st St NW, Albuquerque, NM 87102. Treatment and advocacy. <http://www.abqhch.com>

UNM Care Program – (505)272-2521, 2211 Lomas Blvd. NE, Albuquerque, NM 87106. Available to patients who live in Bernalillo County with the intent to stay in Bernalillo County and meet income, asset, and other program guidelines. This is intended as a secondary insurance source, but may serve as a primary source of insurance until other coverage is obtained.



RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564
www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)
www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)
www.glnh.org/talkline

Transgender Resource Center of NM

www.tgcnm.org

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

Al-Anon/Alateen

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Smart Recovery (Alternative to 12 Step for Teens) <http://www.smartrecovery.org>
Saturdays- 5:30 PM, NO MEETING THE 1ST SATURDAY OF EACH MONTH, First Unitarian Church, 3701 Carlisle Blvd. NE 87110. (505)610-3610
Mondays- 7:15 PM New Beginnings Church, 3601 Montgomery Blvd NE, Albuquerque, NM 87109

OTHER RESOURCES

Foster or adopt a New Mexico Youth, Children, Youth, and Families Department
1-800-432-2075 Lisa Burk, Foster/Adoptive Parent Recruiter 505-841-7890

Community Action New Mexico: <http://www.communityactionnewmexico.org>
Provides services and advocacy throughout the state surrounding such issues as the economy, financial literacy and asset-building, education, housing, and community development.

Information on Assistance and Resources in New Mexico:

<http://www.sharenm.org/knowledgebase/resourceAssistance.php>
SHARE New Mexico website has detailed information about a variety of government-funded assistance programs available to low and moderate-income individuals and families living in New Mexico. Website is available in English and Spanish.

MyCommunityNM/Home of the Salud Manual:

<http://www.mycommunitynm.org/main/index.php> A listing of New Mexico resources and service providers for a variety of programs, such as health, social services, education, legal services, transportation, and community centers.

New Mexico Disabilities Portal: <http://www.nmdisabilityportal.com> A site to connect New Mexicans with disabilities to resources that meet their individual needs.

New Mexico Human Services Department: <http://www.hsd.state.nm.us> The Human Services Department administers such programs as Medicaid, TANF, Food Stamps, and Child Support Enforcement Services, among others.

New Mexico Voices for Children:

<http://www.nmvoices.org>
A nonpartisan organization that advocates to improve the health and well-being of children, families, and communities in New Mexico.

United Way of Central New Mexico 211:

http://www.uwcnm.org/find_help/211.html United Way of Central New Mexico has put together a list of resources designed to help everyone from babies through senior citizens. This comprehensive list has addresses, phone numbers, and a map to the location that specializes in the services that you may need.

