



End Childhood Hunger through Out-of-School Time Programs

Out-of-School Time programs have the opportunity to fill the nutrition gap for hungry children in New Mexico

CHILDREN WHO FACE HUNGER ARE MORE LIKELY TO :



Struggle in school*



Experience delays in behavioral and intellectual development**

WHAT AFTERSCHOOL AND OUT-OF-SCHOOL TIME PROGRAMS CAN DO TO COMBAT CHILDHOOD HUNGER:



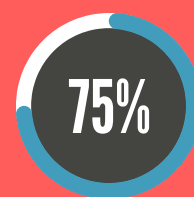
ONLY ONE AFTERSCHOOL MEAL OR SNACK IS SERVED FOR EVERY EIGHT FREE OR REDUCED-PRICE SCHOOL LUNCHES.***

CHILDHOOD HUNGER IN NM

NEW MEXICO RANKS THE HIGHEST AMONGST ALL OTHER STATES IN THE US IN TERMS OF CHILDREN WHO ARE FOOD INSECURE



25% OF CHILDREN IN NM ARE FOOD INSECURE – THAT'S 1 IN EVERY 4 CHILDREN (OR 125,210 CHILDREN) WHO ARE UNSURE WHERE THERE NEXT MEAL IS COMING FROM.



APPROXIMATELY 75% OF CHILDREN IN NM ARE INCOME-ELIGIBLE FOR NUTRITION PROGRAMS (INCOMES AT OR BELOW 185% OF POVERTY).

• From Map the Meal Gap's 2018 Key Findings on Child Food Insecurity

By administering afterschool and summer meal/snack programs, children can be provided with the nutritious food they need. Through federal funding from the At-Risk portion of the Child and Adult Care Food Program (CACFP) and the Summer Food Service Program (SFSP), afterschool and other out-of-school time programs can close the meal gap and qualify for a 100% reimbursement on meals fed to children during out-of-school time hours.



Contact Information:

- Kaski Suzuki from NMOST
Phone: (505) 879-8829 Email: ksuzuki@explora.us

*Feeding America, Child Hunger facts: http://www.feedingamerica.org/hunger-in-america/child-hunger-facts.html?_ga=2.134511154.257504109.1536348267-1949700045.1536179182

**Rose, D., Nicholas Bodor, J., Swalm, C., C. Rice, J., A. Farley, T., & Hutchinson, P. (2009). Deserts in New Orleans? Illustrations of Urban Food Access and Implications for Policy. School of Public Health and Tropical Medicine.

***No Kid Hungry, Starting Afterschool Meals: <https://bestpractices.nokidhungry.org/programs/afterschool-meals/starting-afterschool-meals>