End Childhood Hunger through Out-of-School Time Programs

Out-of-School Time programs have the opportunity to fill the nutrition gap for hungry children in New Mexico.

**Children Who Face Hunger Are More Likely To:**
- Struggle in school*
- Experience delays in behavioral and intellectual development**

**What After School and Out-of-School Time Programs Can Do to Combat Childhood Hunger:**

Only one after school meal or snack is served for every eight free or reduced-price school lunches***

By administering afterschool and summer meal/snack programs, children can be provided with the nutritious food they need. Through federal funding from the At-Risk portion of the Child and Adult Care Food Program (CACFP) and the Summer Food Service Program (SFSP), afterschool and other out-of-school time programs can close the meal gap and qualify for a 100% reimbursement on meals fed to children during out-of-school time hours.

**Childhood Hunger in NM**

New Mexico ranks the highest amongst all other states in the US in terms of children who are food insecure

- 25% of children in NM are food insecure – THAT'S 1 in every 4 children (or 125,210 children) who are unsure where there next meal is coming from.

- Approximately 75% of children in NM are income-eligible for nutrition programs (incomes at or below 185% of poverty).

*From Map the Meal Gap's 2018 Key Findings on Child Food Insecurity*

***No Kid Hungry, Starting Afterschool Meals: https://bestpractices.nokidhungry.org/programs/afterschool-meals/starting-afterschool-meals*