End Childhood Hunger through Out-of-School Time Programs

Out-of-School Time programs have the opportunity to fill the nutrition gap for hungry children in New Mexico.

**CHILDREN WHO FACE HUNGER ARE MORE LIKELY TO:**

- Struggle in school*
- Experience delays in behavioral and intellectual development**

**WHAT AFTER-SCHOOL AND OUT-OF-SCHOOL TIME PROGRAMS CAN DO TO COMBAT CHILDHOOD HUNGER**

By administering afterschool and summer meal/snack programs, children can be provided with the nutritious food they need. Through federal funding from the At-Risk portion of the Child and Adult Care Food Program (CACFP) and the Summer Food Service Program (SFSP), afterschool and other out-of-school time programs can close the meal gap and qualify for a 100% reimbursement on meals served to children during out-of-school time hours.

NEW MEXICO RANKS THE HIGHEST AMONGST ALL OTHER STATES IN THE US IN TERMS OF CHILDREN WHO ARE FOOD INSECURE

- **25%** OF CHILDREN IN NM ARE FOOD INSECURE – THAT’S 1 IN EVERY 4 CHILDREN (OR 125,210 CHILDREN) WHO ARE UNSURE WHERE THEIR NEXT MEAL IS COMING FROM.
- **75%** OF CHILDREN IN NM ARE INCOME-ELIGIBLE FOR NUTRITION PROGRAMS (INCOMES AT OR BELOW 185% OF POVERTY LINE).

- From Map the Meal Gap’s 2018 Key Findings on Child Food Insecurity.

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***No Kid Hungry, Starting Afterschool Meals: https://bestpractices.nokidhungry.org/programs/afterschool-meals/starting-afterschool-meals