

# Invest in Afterschool!

## Afterschool programs in New Mexico help our youth build self-esteem and resilience.

Afterschool is a place that sparks passion and fuels imagination. It helps young people discover who they are and what they love to do. Students in afterschool programs learn by doing, strengthen their social skills, and prepare for the jobs of tomorrow.

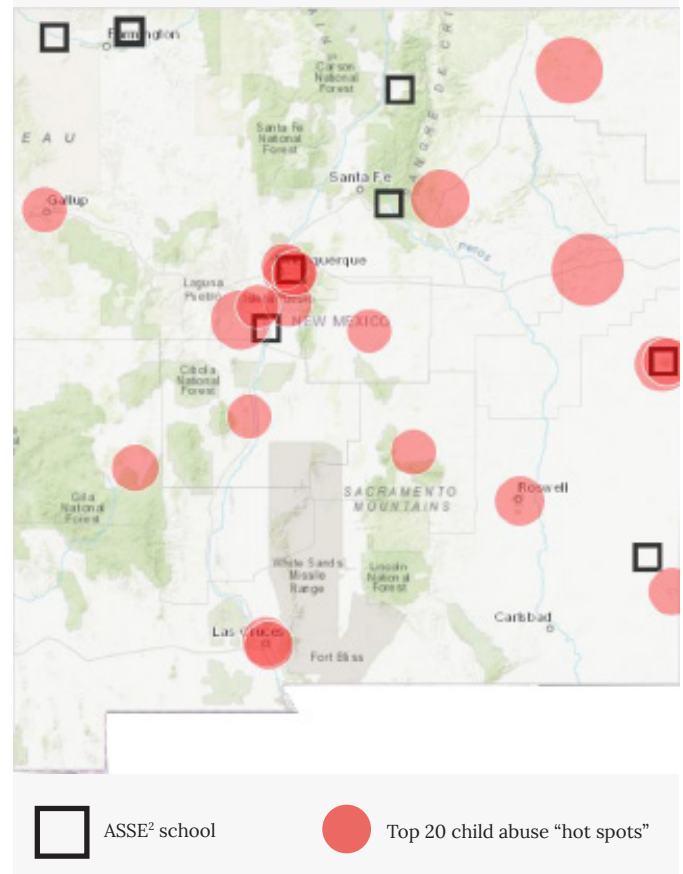
Afterschool programs also allow parents to focus on providing for their families—rather than worrying about whether their children are supervised or coordinating rides. Parents need flexible, affordable options after the school bell rings, and to know their children are safe. Afterschool provides that assurance.

Finally, afterschool is a safe haven that helps children and teens avoid risky behaviors, online and offline, during the hours of 3 to 6 p.m., when juvenile crime and victimization peaks. Roughly 70,000 New Mexico children are unsupervised during that window.

Out-of-school time programs like afterschool and summer learning can:

- ▶ Create a safe and empowering space for young men and women.
- ▶ Provide peer support and strengthen self-esteem and resilience.
- ▶ Provide training on topics related to life skills, healthy relationships, warning signs of abuse, and where to seek help.
- ▶ Promote healthy attitudes and behaviors in their families and communities.

Of the 20 New Mexico areas<sup>1</sup> with the highest rates of child abuse, 18 have no state-funded ASSE<sup>2</sup> schools.



## We must invest in afterschool!

Every **\$1** invested in afterschool programs saves **\$3** by:

- ▶ Increasing students' earning potential
- ▶ Improving students' academic achievement
- ▶ Reducing juvenile crime and delinquency

1. Department of Health designated area - population ~20K

2. After School and Summer Enrichment - funded by legislative earmarked PED funds

## New Mexico Out-of-School Time Network

The New Mexico Out-of-School Time Network brings together diverse stakeholders interested in ensuring positive youth development opportunities and outcomes through afterschool programs. Our vision is:

- ▶ Increased access to quality out-of-school time programs for children and youth, regardless of income
- ▶ Equitable funding for out-of-school time programs across the state
- ▶ Every child can name one caring adult

## Schools with Afterschool and Summer Enrichment Funded Programs

School	District
Hayes Middle School	Albuquerque Public Schools
McCoy Avenue Elementary	Aztec Municipal School District
Lydia Rippley Elementary	Aztec Municipal School District
Park Avenue Elementary	Aztec Municipal School District
Belen Middle School	Belen Consolidated Schools
James Bickley Elementary	Clovis Municipal Schools
Dream Dine	Charter School
Yarbro Elementary	Lovington Municipal Schools
Pecos Elementary	Pecos Independent School District
Enos Garcia Elementary	Taos Municipal School District



## Highest Areas of Child Abuse

County	Department of Health Small Area (~20K population)	Mean Annual Number of Victims per 1000, 2007-2015, 0-17 yrs
Quay/DeBaca/Harding	Full counties	39.34
Colfax/Union	Full counties	36.17
Valencia	West/Belen	31.05
San Miguel	Las Vegas	29.94
Curry	Clovis, West	28.26
Bernalillo	Central/Pennsylvania	26.38
Chaves	Roswell, Southeast	24.36
Doña Ana	Central Las Cruces	24.02
Doña Ana	South Las Cruces	23.19
Curry	Clovis, East	22.72
Valencia	Northeast	22.66
Lea	Hobbs, South	22.62
Sierra/Catron	Full county	22.29
Bernalillo	Comanche/Carlisle	21.64
Lincoln	Full County	21.52
McKinley	Gallup	21.37
Bernalillo	Central/Juan Tabo	20.91
Socorro	Full County	20.74
Torrance	Full County	20.32
Valencia	Los Lunas	20.02

### Contact Information

**May Sagbakken**  
[msagbakken@explora.us](mailto:msagbakken@explora.us)  
 505-224-8324  
 1701 Mountain Rd NW  
 Albuquerque, NM 87104  
[nmost.org](http://nmost.org) | @NMOSTNetwork

### Notes and Sources

- ▶ Maps from the NM Community Data Collaborative - <https://tinyurl.com/y9p7626w>
- ▶ [The Costs and Benefits of After School Programs: The Estimated Effects of the After School Education and Safety Program Act of 2002](#)
- ▶ [After-School Worries: Tough On Parents, Bad For Business](#)
- ▶ [Afterschool Programs: Making a Difference](#)
- ▶ [America After 3pm](#)
- ▶ [How can afterschool programs support employability through social and emotional learning?](#)