

A young boy with short hair, wearing a blue long-sleeved shirt and dark pants, is leaning forward with a joyful expression, smiling broadly. The background is bright and out of focus.

NEW MEXICO OUT-OF-SCHOOL TIME NETWORK

2018-2019 REPORT

Who We Are

NMOST Staff

May Sagbakken
Executive Director

Jeff McConaughy
Director of Policy and Communication

Elizabeth Barbush
Leadership Institute Coordinator

Kaski Suzuki
Program Coordinator

Leadership Council

Renata Witte, Chair
New Mexico PTA

Randy Costales
Albuquerque Public Schools

Lisa Guida
YMCA

Joe Hastings
Explora

Tyson Ledgerwood
New Mexico Public Education Department

Hollie Lovely
New Mexico PBS

Melinda Medellin
Lovington Youth Center

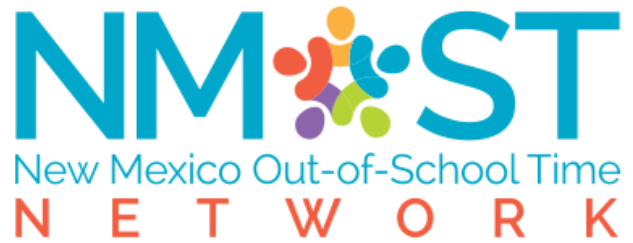
Elisa Morales
*Healthy Kids, United Way of El Paso; Borderlands
Out-of-School Time (BOOST) Network*

Tim Sheahan
Alzheimer's Association

Brittany Sonntag
4-H

Danette Townsend
ABC Community Schools

Flo Trujillo
Farmington Public Library



NMOST GUIDING PRINCIPLES:

OUTLINING THE PATH AND SPECIFIC STEPS THAT
LEAD TO HIGH QUALITY OST PROGRAMMING IN NM

Guiding Principal 1:

- Environmental Safety

Guiding Principal 2:

- Health, Nutrition and Physical Activity

Guiding Principal 3:

- Relationships

Guiding Principal 4:

- Family and Community Partnerships

Guiding Principal 5:

- Cultural Relevance

Guiding Principal 6:

- Programming

Guiding Principal 7:

- Administration and Organizational
Development

Guiding Principal 8:

- Staffing and Professional Development

Guiding Principal 9:

- Evaluation for Continuous Quality
Improvement



New Mexico Out-of-School Time Network (NMOST)



Overview

The New Mexico Out-of-School Time Network (NMOST) is a non-profit collaboration of public and private organizations and community members seeking to improve access to and quality of out-of-school time learning programs (before and afterschool, summer learning, and youth development).

Our Vision

To ensure that all children and youth in New Mexico have access to high quality out-of-school time programming regardless of zip code and income.

Our Mission

To create, strengthen and sustain a statewide system of support for high quality out-of-school time programs.

NMOST Initiatives

NMOST Leadership Institute

- NMOST has created the Institute to increase access to out-of-school time (OST) programs across New Mexico by providing high-quality professional development for emerging OST leaders working in underserved and vulnerable New Mexico communities.

Advancing Young Women in STEM

- NMOST has created the Advancing Young Women in STEM Scholarships to help address the gender gap in the STEM disciplines and STEM-related fields.

Fighting Hunger through OST

- NMOST works to expand access to healthy meals after school and during the summer for the 130,000 children who face food insecurity in New Mexico

Data & Mapping

- NMOST maps existing OST programs and needs in New Mexico

To ensure that every young person has access to high quality programs outside the school day, we:

- Convene stakeholders
- Influence policy on behalf of youth and families
- Advocate for sustained funding
- Build capacity in communities through professional development
- Build a community that supports student's success



afterschool **WORKS**
in New Mexico!

New Mexico Out-of-School Time Leadership Institute (OST-LI)



The OST-LI Mission

Increase access to out-of-school time (OST) programs across New Mexico by providing high-quality professional development for emerging out of school time leaders working in underserved and vulnerable New Mexico communities.

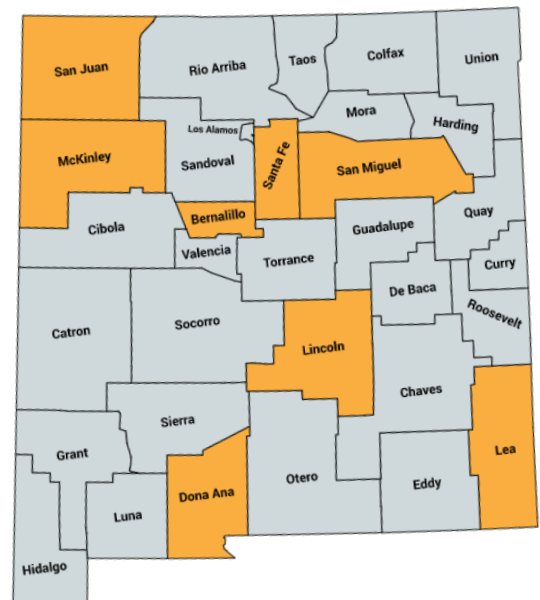
The OST-LI Project Vision

Many OST provider organizations in New Mexico lack key professional development and capacity building support for their leaders and staff. They are often expensive, and subsequently out-of-reach for many OST provider organizations. NMOST addresses this need through the development of the first Out-of-School Time Leadership Institute in New Mexico. This institute provides emerging leaders in OST provider organizations skills in:

- operational and administrative direction
- program planning and curriculum development
- positive youth development
- strategic partnership building
- social and emotional tools
- cultural relevance awareness
- fundraising and grant writing tools
- individual leadership mentoring



The 2019-2020 OST-LI Cohort at the Institute's first convening



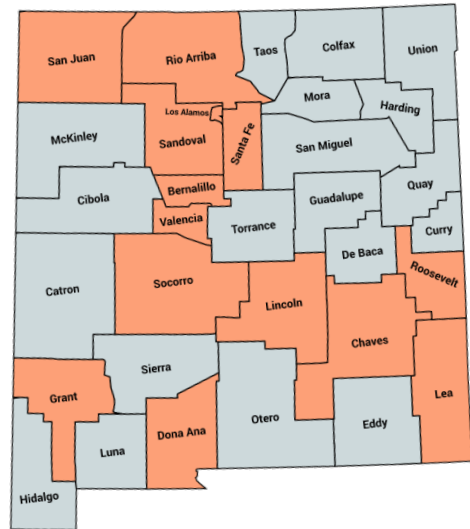
Counties served by the 2019-2020 OST-LI Cohort

Advancing Young Women in STEM (AYWiSTEM)

AYWiSTEM INITIATIVE

Goal

The Advancing Young Women in STEM Initiative and webpage is designed to inspire the next generation of female innovators and leaders. The website compiles internships, OST programs, scholarships, summer programs, and volunteering opportunities related to STEM in the state of New Mexico. The site also includes relevant and recent STEM related news that showcase women in STEM.



Counties represented by the 2019 AYWiSTEM Scholarship application pool

AYWiSTEM Scholarship

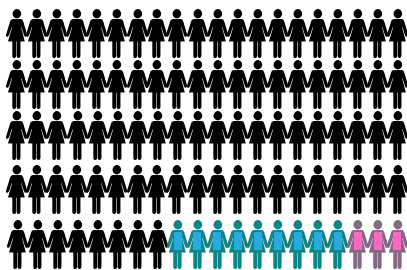
NMOST's goal is to give women interested in STEM the opportunity to pursue their passions and interests and work towards closing the gender gap in STEM. In 2018, the Advancing Young Women in STEM scholarship helped three young women pursue their dreams in STEM fields. In 2019, the network was able to provide 6 scholarships.



Makayla Gates,
2019 AYWiSTEM Scholarship Recipient

“OST programs and activities have been the major contributors to my STEM education and the foundation of my decision to study within the STEM field”

Statistics



- Out of 100 female bachelor students, 12 will graduate with a STEM major but only 3 continue to work in STEM fields 10 years after graduation.¹

2.6 X

- In NM, men are 2.6 times more likely to work in STEM occupations than women.²



- In NM, women earn, on average, \$0.83 for every \$1 that a man earns. At this rate, women will not receive equal pay until 2054.³

Find out more at: nmost.org/young-women-stem

1. Anthony Carnevale, Nicole Smith, and Michelle Melton. STEM. Georgetown University: Center on Education and the Workforce, as retrieved from <http://cew.georgetown.edu/stem/>

2. Institute for Women's Policy Research. Status of Women in the States: The Status of Women in New Mexico, 2015: Highlights.

3. Ibid.

Fighting Hunger through OST

Data shows that **one in every four children** throughout New Mexico is food insecure — that's approximately 130,000 children who are unsure where their next meal is coming from.¹

The New Mexico Out-of-School Time Network is committed to expanding access to healthy meals after school to New Mexico youth who face food insecurity. NMOST believes this is a necessary investment to improve the health and education outcomes of New Mexico's most vulnerable citizens.

NMOST's 2018-2019 Impact

Number of children reached:



800

Total number of meals served:



5,759

Lost Opportunity in New Mexico

The Food Research & Action Center (FRAC) set the goal of reaching 15 children with the Afterschool Supper Program for every 100 low-income children participating in school lunch. According to FRAC's analysis, it is confirmed the target 15-to-100 ratio is achievable by all states. New Mexico does not currently meet the 15:100 goal.

Number of children currently receiving afterschool meals in NM:²



6,662

Potential number of children reached if NM met FRAC's 15:100 goal:³



26,655

Federal dollars lost from not meeting the 15:100 goal:⁴



\$1.3M

1. Feeding America, Child Hunger facts: http://www.feedingamerica.org/hunger-in-america/child-hunger-facts.html?_ga=2.134511154.257504109.1536348267-1949700045.1536179182

2. Food Research & Action Center, 2019 Afterschool Nutrition Report: <https://frac.org/wp-content/uploads/afterschool-report-october-2019.pdf>

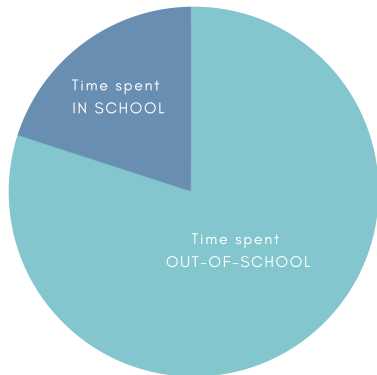
3. Ibid.

4. Ibid.

Data on OST in New Mexico

Why Afterschool and Summer Learning matters:

- Children spend **80%** of their time out-of-school



- By 8th grade, low-income youth have 6000 fewer hours of enrichment and extracurricular activities.
- 9 in 10 adults agree that afterschool programs are important to their community



Unmet Demand for Afterschool in New Mexico

For every New Mexico student in afterschool, **1 more** would participate if a program were available.



ENROLLED:
70,841
STUDENTS



WAITING:
90,659
STUDENTS

21st Century Community Learning Center grants are the only dedicated federal funding source that support local communities' afterschool and summer programs. Demand for programs is so great that **1 out of every 2 applications** cannot be funded.

Opportunities in OST

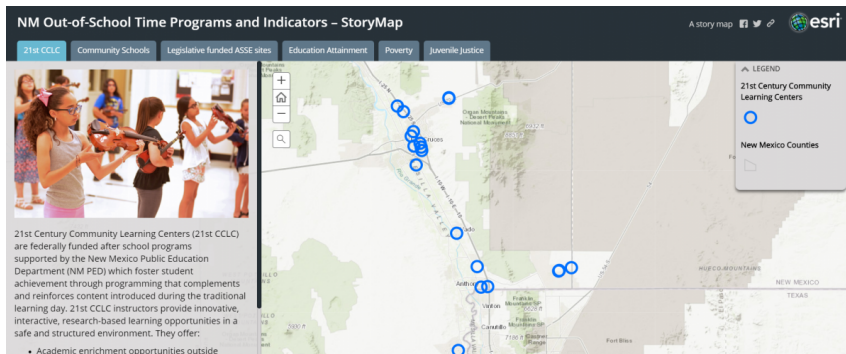
- Workforce Development
- STEM Experiences
- Literacy/Numeracy
- Social Emotional Learning
- Health, Nutrition, Exercise
- Artistic Expression
- Leadership Development



Afterschool provides a solid return on investment. Research spanning several states shows that every \$1 invested in afterschool programs saves at least \$3

NMOST Mapping and Data Collection

NMOST Story Map:



NMOST Story Map: showing where programs & gaps exist in NM

and state level audiences. Out of that effort, we've created a number of infographics, and a Story Map showing the location of State and Federally funded programs in the context of critical indicators like poverty, child abuse, and juvenile justice referrals. The Story Map and Infographics live at nmmost.org.

NMOST Infographics:

NMOST's infographics help tell the story of out-of-school time in New Mexico. Our infographics document ASSE sites (state-funded Afterschool and Summer Enrichment program sites) and 21st sites (21st Century Community Learning Centers). The NMOST infographics help shed light on child abuse, juvenile justice rates, low proficiency, and poverty as they relate to afterschool and summer learning.

Invest in Afterschool!

Afterschool programs in New Mexico help our youth make safe, healthy choices.

Afterschool is a place that offers positive and safe environments. It offers a safe place for children to be when they are not at school. Afterschool programs help to strengthen their social skills, and prepare for the future of tomorrow.

Afterschool programs also allow parents to have an opportunity to learn more about their child's learning and whether their children are supported or struggling. Parents can't be sure if their children are safe after school hours, and to know their children are safe after school hours.

Finally, afterschool is a safe space that helps children and teens build confidence, resilience and skills during the hours of 3 to 6 p.m., when juvenile crime and victimization rates are highest. Roughly 100,000 New Mexico children are unsupervised during that window.

Regular attendance in out-of-school time programs for afterschool and summer learning can:

- Reduce disciplinary incidents. Our study reported a 40 percent reduction in disciplinary incidents among students attending out-of-school time programs.
- Reduce safety behaviors like drug use and aggression among others.



We must invest in afterschool!

Every \$1 invested in afterschool programs saves \$2 by:

- Increasing students' learning potential
- Improving students' academic achievement
- Reducing juvenile crime and delinquency

New Mexico Out-of-School Time Network

The New Mexico Out-of-School Time Network brings together diverse stakeholders interested in creating positive youth development opportunities and reducing through afterschool programs. Our vision is:

- Increased access to quality out-of-school time programs for children and youth, regardless of race/ethnicity
- Equitable funding for out-of-school time programs across the state
- Every child can make more learning adult

Invest in Afterschool!

Afterschool programs in New Mexico help close the achievement gap for youth in poverty.

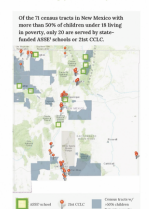
The demand for afterschool and summer learning programs is increasing as more children live in poverty. Afterschool programs are critical partners in helping to ensure that all children enjoy their summer, and also receive support to those who are struggling.

For parents bringing a child to an afterschool program, afterschool programs help provide services that other facilities may not be able to provide, such as transportation, meals, and emergency food and crisis care for youth who might otherwise go hungry.

Unfortunately, growing income inequality of resources and poverty means that afterschool programs are often not a choice that there are none in their area or that those that do exist are not rigorous.

Regular attendance in out-of-school time programs for afterschool and summer learning can:

- Improve academic performance and school self-efficacy
- Reduce the achievement gap for low-income students
- Reduce dropout rates
- Ensure access to activities both after school



We must invest in afterschool!

Every \$1 invested in afterschool programs saves \$2 by:

- Increasing students' learning potential
- Improving students' academic achievement
- Reducing juvenile crime and delinquency

New Mexico Out-of-School Time Network

The New Mexico Out-of-School Time Network brings together diverse stakeholders interested in creating positive youth development opportunities and reducing through afterschool programs. Our vision is:

- Increased access to quality out-of-school time programs for children and youth, regardless of race/ethnicity
- Equitable funding for out-of-school time programs across the state
- Every child can make more learning adult

NMOST Infographics on Juvenile Justice (left) and poverty (right)

NMOST STEM Map

The New Mexico Out-of-School Time Network (NMOST) is pleased to introduce our New Mexico OST STEM Crowd Source Map. This map is intended to be a resource for policymakers, potential funders and other decision makers seeking to understand where OST STEM programs are located in New Mexico. The map is configured to allow program and event administrators to add information about their program or activity to a map that can be used to locate STEM opportunities, and to show where there is a need for such opportunities in areas where they do not currently exist.

