



SESSION I - NAVIGATING LEADERSHIP IN THE MIDST OF CHANGE: SELF-CARE & HEALING NOW

WHEN: WEDNESDAY, JUNE 24, 2020 TIME: 10AM - 11:30AM MT

SESSION II - NAVIGATING LEADERSHIP IN THE MIDST OF CHANGE: STAYING RESILIENT WHILE FOCUSING ON THE YOUTH YOU SERVE

> WHEN: MONDAY, JUNE 29, 2020 TIME: 10AM - 11:30AM MT

Watch recordings of NMOST's two-part OST Leadership Institute series and access presentation materials below.

Equip yourself with resiliency tools to utilize during the immense changes happening now in our world!

Both sessions were facilitated by local Dream Coach and Transformational Trainer Celestina Garcia.



Recordings and Materials:

Session I - Navigating Leadership in the Midst of Change: Self-Care & Healing Now

Recording

Slide Deck

Session II - Navigating Leadership in the Midst of Change: Staying Resilient While Focusing on the Youth You Serve

Recording

Slide Deck

Handouts: Be-Do-Have Authorship Survival