

OST-LI Mission:

The New Mexico Out-of-School Time Leadership Institute (OST-LI) mission is to increase access to out-of-school time (OST) programs across New Mexico by providing high-quality professional development for emerging out-of-school time leaders working in underserved and vulnerable New Mexico communities.

OST-LI Project Vision:

Many OST provider organizations in New Mexico lack key professional development and capacity building support for their leaders and staff. They are often expensive, and subsequently out-of-reach for many OST provider organizations. NMOST addresses this need through the development of the first Out-of-School Time Leadership Institute in New Mexico. This institute provides emerging leaders in OST provider organizations skills in:

- Leadership development and coaching, advocacy, program planning, system building, program and evaluation, partnership building, social and emotional learning, cultural relevance, fundraising, and youth development.

2021 OST-LI Spring Training Series Schedule

- Self-Care Workshop - Monday, March 15
- Trauma Sensitive Lens (2 Part Training) - Monday, March 22 & Wednesday, March 24
- Creating Protective Communities - Thursday, April 29
- Nurtured Heart Approach (2 Part Training) - Wednesday, May 5 & Friday, May 7
- Self-Care Workshop - Monday, May 10

TRAINING 1



Self-Care Workshop

Monday, March 15 (11am - 1pm MT)

Presented by Dream Coach and Transformational Trainer, Celestina Garcia

To start out the OST-LI Spring Training Series, Dream Coach and Transformational Trainer, Celestina Garcia, will provide participants with resiliency tools to utilize throughout the training series and during the immense changes happening now in our world. A few take aways: What to do when your trauma is triggered;

ways to support students experiencing fear; practices that lead by example to implement with your staff.

TRAINING 2 - Earn 6 CEU's Online



Trauma Sensitive Lens: Recognizing, Understanding and Responding to the Impact of Childhood Trauma (2 Part Training)

Monday, March 22 & Wednesday, March 24 (9am - 12:15pm MT)

A two part training presented by All Faiths Children's Advocacy Center

Trainer: Donna Lucero MA, LPCC, NCC

Overview of the impact of childhood trauma on brain development and function. School staff, counselors, and others will learn how to recognize and respond to children affected by trauma. Learn more about:

- What is the impact of trauma on brain function and structure?
- Understand trauma responses.
- What is a trauma sensitive lens?
- How does REGULATE Then EDUCATE promote healing from trauma?

TRAINING 3



Creating Protective Communities

Thursday, April 29 (10am - 12pm MT)

*Presented by Solace Crisis Treatment Center and
Resolve in Santa Fe*

*Trainers: Jess Clark, Education & Prevention
Department Manager (Solace) & Alena Schaim,
Executive Director/Instructor (Resolve)*

This workshop provides an opportunity for participants to reflect on the messages we receive about safety as adults and other factors that can lead to violence in our communities. Participants will also learn how to proactively and effectively institute policies and cultural norms to prevent sexual violence in their communities. This training is designed to support those who work with youth and are concerned with reducing the impact of violence in their lives.

TRAINING 4 - Earn 6 CEU's Online



Nurtured Heart Approach (2 Part Training)

Wednesday, May 5 & Friday, May 7 (9am - 12:15pm MT)

*A two part training presented by All Faiths Children's
Advocacy Center*

*Trainer: Donna Lucero MA, LPCC, NCC & Juliet Kinkade-
Black, LMFT*

The Nurtured Heart Approach® (NHA) is a curriculum for relationship. It supports adults in relating to children in ways that guide them to use their intensity successfully and positively. Through the NHA, children come to see their intensity as fuel for greatness, not as a deficit or a handicap. Originally developed for working with the most challenging children, the NHA works to awaken the greatness inherent in

all children. Rather than acting out negatively, children begin to act out their greatness – and adults get to experience the joy of being a highly effective agent of change in the lives of children.



TRAINING 5

Self-Care Workshop

Monday, May 10 (11am - 1pm MT)

Presented by Dream Coach and Transformational Trainer, Celestina Garcia

To close the OST-LI Spring Training Series, Dream Coach and Transformational Trainer, Celestina Garcia, will work with participants to reflect and implement tools learned in their everyday practice. By drawing on the resiliency tools introduced in Training 1,

participants will be granted a safe space to be as they are, reflect, and grow with others who are in the work of community care.