

2022 OST-LI Session Descriptions:



Jess Clark & Alena Schaim

**Creating Protective
Communities**



TRAINING 1

Creating Protective Communities

WHEN: Thursday, March 31 (10am - 12pm MT)

*Presented by Solace Crisis Treatment Center and
Resolve in Santa Fe*

*Trainers: Jess Clark, Education & Prevention
Department Manager (Solace) & Alena Schaim,
Executive Director/Instructor (Resolve)*

In this workshop, participants will examine risk factors and protective factors for child abuse and discuss how to remove barriers to intervention in our afterschool programs and workplaces. Many of us have already received training on how to recognize signs that someone is being abused - in this workshop, participants will focus on how to create an environment where abuse is less likely to happen in the first place.



Katherine Spinney

**Amplifying Youth Voice
and Choice**



TRAINING 2

Amplifying Youth Voice and Choice

WHEN: Thursday, April 7 (11am - 12:30pm MT)

Presented by Katherine Spinney Coaching LLC

Trainer: Katherine Spinney

This session will examine what youth voice and choice is and is not, what the different levels and types of youth voice and choice are, and how you can implement voice and choice more effectively into your program. Through large group discussion, small group discussion, self-reflection, data, and good old-fashioned storytelling, you will walk away from this session with some evidence, some concrete ideas, and some lingering questions, all designed to enhance and strengthen your programming and amplify your student voice and choice.



Leslie Kelly

Social & Emotional
Learning



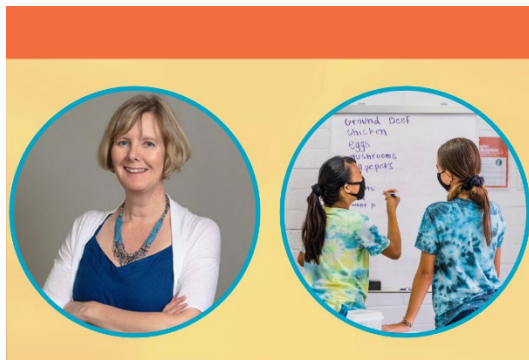
TRAINING 3

SEL for Adults: It's not an Intervention

WHEN: Tuesday, April 12 (10am - 11:00am MT)

Trainer: Leslie Kelly, New Mexico Public Education Department

SEL is an approach, a way of being, a way we do business every day in our personal and professional lives. SEL in schools creates a safe and supportive learning environment for all. This session will explore and create understanding of the NM SEL Framework, the importance of Adult SEL and embracing the core SEL competencies. By integrating SEL practices into our personal and professional lives, we can better practice, teach, and model SEL with our students, staff, parents and community.



May Sagbakken & Erika Acosta

Promising Practices for Engaging
Girls in STEM through Out-of-School
Time



TRAINING 4

Promising Practices: Guidelines for Engaging Girls in STEM through Out-of-School Time

WHEN: Thursday, April 21 (11am - 12:30pm MT)

Trainers: May Sagbakken (NMOST) & Erika Acosta (NMSU's Mathematically Connected Communities)

The purpose of this workshop is to introduce you to the promising practices for OST programs on how to recruit, engage and inspire more girls in STEM. The Guidelines are designed for leaders, practitioners, families, community partners, and volunteers working with girls in OST programs across New Mexico and nationally. Coming together to create a shared framework opens the doors for new ways to work together, develop training, and build new supports for the OST field to accelerate STEM change in our communities. Practical tips and next steps will be provided.



Katherine Spinney

Good to Great: Taking your OST Program to the Next Level



TRAINING 5

Good to Great: Taking your OST Program to the Next Level

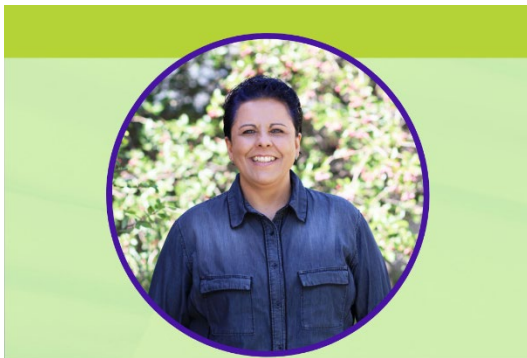
WHEN: Wednesday, April 27 (11am - 12:30pm MT)

Presented by Katherine Spinney Coaching LLC

Trainer: Katherine Spinney

This session will examine what makes a program great, provide opportunity for you to reflect on where your program is now, and offer strategies, tips and resources

to take you and your program to where you want to go- to that next level of greatness and impact. This session is suitable for programs serving all age groups.



Donna Lucero

Trauma Sensitive Lens: Recognizing, Understanding & Responding to the Impact of Childhood Trauma



TRAINING 6 - Earn 6 CEU's Online

Trauma Sensitive Lens: Recognizing, Understanding and Responding to the Impact of Childhood Trauma (2 Part Training)

WHEN: Tuesday, May 3 & Thursday, May 5 (9am - 12:15pm MT)

A two part training presented by All Faiths Children's Advocacy Center

Trainer: Donna Lucero MA, LPCC, NCC

Overview of the impact of childhood trauma on brain development and function. School staff, counselors, and others will learn how to recognize and respond to children affected by trauma. Learn more about:

- What is the impact of trauma on brain function and structure?
- Understand trauma responses.
- What is a trauma sensitive lens?
- How does REGULATE Then EDUCATE promote healing from trauma?



Patricia Julianelle

Resilience, Rights, and Services for Youth Experiencing Homelessness



TRAINING 7

Resilience, Rights, and Services for Youth Experiencing Homelessness

WHEN: Tuesday, May 10 (10am-11:30am MT)

Presented by SchoolHouse Connection

Trainer: Patricia Julianelle J.D.

Homelessness impacts roughly 10,000 students in New Mexico every year. In this workshop, you will learn about the definition of homelessness, warning signs to look for, and what services are available. You'll also get

the opportunity to learn from a youth who has experienced homelessness, who will talk about resilience and specific actions out-of-school professionals can take to nurture resilience in youth experiencing homelessness. Bring your questions!



CANCELLED

May Sagbakken

Grant Writing 101



TRAINING 8 - CANCELLED

Grant Writing 101

WHEN: Friday, May 20 (10am-11:00am MT)

Trainer: May Sagbakken, NMOST

Have you been interested in seeking and writing a grant proposal but don't know where to start? or are you looking for a refresher on grantseeking basics? May Sagbakken, NMOST Executive Director, has more than

25 years successful experience in obtaining federal, state, city and foundation grants and will share tips and tools on how to write to win!



Nissa Patterson

Natural Playgrounds and School Gardening:
Essential Elements of these Programs for
Children and Adolescents



TRAINING 9

Natural Playgrounds and School Gardening: Essential Elements of these Programs for Children and Adolescents

WHEN: Thursday, May 26 (11am-12:00pm MT)

Trainer: Nissa Patterson MPH

Let's dig into HOW to make the outside experience for children and youth even better in your program. Natural playgrounds? This is a growing movement in the United States and a very well established one in many European countries. This presentation will cover visual ideas of what natural playgrounds can look like and what a program needs to do to make these playgrounds a reality. We will also talk about ideas for gardening with children, including lessons learned from the many school gardens in New Mexico